



ILS Law College
Legal Aid Centre
presents

**Workshop on "Overcoming Loss and
Dealing with Grief "**

by

Ms. Ashini Shah

(Psychotherapist and Psychologist)

&

Mr. Vipul Shaha

(Mindfulness based Counsellor, Facilitator and Educator)

On the occasion of
WORLD MENTAL HEALTH DAY

DATE: 13TH OCTOBER 2021

TIME: 5.30 PM

PLATFORM: GOOGLE MEET

meet.google.com/vom-cjqm-aqh

